

You won't be chosen because of hair color or nose size. You won't be contacted because you look like a movie star or his last girlfriend or even his type—especially at our age. You will be picked because you seem like a friendly gal he might want to meet. Someone who might fit into his life. Someone who might want to meet him. Someone who might be impressed by what he has to offer. Someone approachable who won't reject him. Someone safe and sane.

GPS 6: Mention Your Current Stance on S-E-X

Older women are best, because they always think they may be doing it for the last time. ~ Ian Fleming

Our quest is not for a one-night stand. Why is it important to mention sex? Sex was a taboo subject in a Boomer's formative years. Leading-edge Boomers were seven years old when Hef published his first *Playboy*. Our sexually repressed parents whispered about a married friend that was PG. Lucy and Desi were never seen together in bed. Plump girlfriends mysteriously left school and returned svelte. Some participated in shotgun celebrations.

In early adulthood the pendulum swung in the opposite direction. The seeds of the sexual revolution were budding. The pill became available. Dr. Ruth and Masters and Johnson helped loosen the language of sexuality. Deep Throat and other XXX movies left nothing to the imagination.

Despite newfound openness, sexuality remained an

uncomfortable topic shrouded in mystery. Oh, the girlhood giggles and the high-minded discussions at grad school continued, but face-to-face discussions with our partners? Nope. We may have learned the language, but we can't outrun our background.

Movies, media, and life in the twenty-first century overflow with all things sexual. We're barely comfortable with our own sexuality, let alone another's. We've long ago taken off our girdles, burned our bras, and raised our kids, but our mind's latent censorship and attitude regarding sex still has its grip. Times have changed. Doesn't mean we have.

Or have we?

Do you know your *current* stance on sex? Are you ready, willing, and able? You might be one or all of those. Or none.

Figure it out. No mixed signals, please. You might have been the prom queen, given up your firstborn for adoption, been the first to buy *Sex and the Single Girl*, or even helped spark the sexual revolution; but if your current idea of an erotic evening is a soak in the tub, reading a good book, and curling up in a warm bed with your newest grandchild, don't fill your profile with double entendres and reminiscences of the nimble you at Woodstock.

Is sex the gateway to love? A pathway to Chemistry? Or the result? It definitely figures into the attraction factor. Determine your current position and your personal needs. If you are, in fact, ready, willing, and able, bravely mention it in your profile.

New Jersey (57): *Ultimate destinations would include being in a WARM climate on a SAIL enjoying a SEASCAPE SUNSET, then enjoying a SUNRISE together...add to that SEASCAPE SCENE a BEAUTIFUL WOMAN IN MY ARMS whom I adore both of us scantily clad sharing the incredible BEAUTY of LIFES EXPERIENCES discussing our SOUL connections while PASSIONATELY CARESSING HUGGING AND KISSING*

There are plenty of good matches out there in the same boat—either wanting or not wanting physical intimacy. Many are interested, or could be with the right person. HotCakes: *I'm a very touchy/feely person myself...want & need the hugs & kisses too, but not from just anyone.*

If you are the least bit interested, some will “float your boat” better than others. If you’d like to “sail away,” search for it. If you’d rather stay tied to the dock and enjoy the vessel’s rocking motion, make it clear early.

Sixty ‘n Still Sizzlin’?

Many Boomettes, educated about their sexuality, more comfortable with their bodies than when they were younger, and feeling unleashed, desire more than a friendship. Gail Sheehy (America’s expert on stages of adulthood) writes in her latest book, *Sex and the Seasoned Woman*, that love for Baby Boomers is no longer about cuddling or rocking grandchildren; it is about computer dating and uninhibited sex.

Contraception is no longer relevant. Fewer responsibilities vie for attention. Caregiving and careers may have taken a back seat, leaving us with diminishing,

but less scattered, energy. If you still need it and want it, acknowledge it.

Some ways to express it are better than others. Likes2laugh (50) reports his best feature is: *a sweet spot not on the list.*

Crude frankness can be a warning sign, branding him as a pervert out for only one thing and her as an easy lay. Accurate or not, it's a common perception.

DDCs are not about phone or Internet sex. I'll not repeat the offensive, blatant banter I've experienced in IMs or phone chat. It's a major turnoff. Hint, guys: If sex dominates the conversation, women think, "If he's talking so much about it now, either it's all boast, brag, and bark, resulting in no bedtime romps, or it will increase and take over (pornography, rape, and Lord knows what else)."

I IMed for several months with a fun, contentious, highly intelligent academic. I ignored his frequent sexual references until he invited me to join him at a cabin in Wisconsin. My radar beeped. I pushed and discovered that his bisexual lover would be joining us. An invite to a *ménage à trois!*

Carefully consider your *current* reality. TotalSum shares a question he'd like to ask every woman he connects with: *I am a heterosexual looking for one of the following:*

- 1 *soulmate who will rub my back when asked*
- 2 *sex*
- 3 *sex and conversation*
- 4 *sex and intelligent conversation*